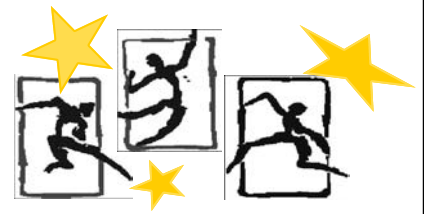


# Beyond the Barre

September, 2006



## Director's Corner

**W**elcome to Dance & BodyWorks 2006-2007 dance season! I hope your summer was enjoyable. Ours certainly was, and busy too! As many of you have noticed, we have a new look. Minor renovation work was done to the lobby area that brightened and opened up the space. We were also offered a wonderful dance opportunity over the summer. Several members of the teen and adult performance groups danced at the Women of the NAACP's fashion show at the NAACP 97<sup>th</sup> Annual Convention held in DC. Dance & BodyWorks represented very well. We gave an exceptional performance! We've also been busy planning this season's activities. You can look forward to many exciting programs, events and opportunities for everyone. Some of this season's highlights include a new Hip-Hop for adults class, the Red & White Children's Ball, the Annual New York Overnight Excursion, Master Classes, Workshops, group tickets to various performing arts programs, and a year-end field trip. So get ready for another exciting, fun-filled year of learning, growth and new experiences.

Congratulations on the outstanding performance Dance & BodyWorks gave at the 8<sup>th</sup> annual year-end production, "Brown Sugar & the 7 Spices". The show received rave reviews! Everyone danced beautifully and most importantly had a good time. Each year I am awed by the improvement in dance ability and dedication of our students and parents. You all should be very, very proud of yourselves. I know I am!

*Sandra*

### Welcoming New Staff

The Dance & BodyWorks family extends a warm welcome to **Linda Walker**, the newest member of the Dance & BodyWorks teaching staff. Linda brings a wealth of teaching experience. She has been teaching dance for over 20 years at dance schools and recreation centers in the DC area. She was also Co-Director of The Dance Center with her sister, Sandra Blackman. She will teach Ballet to beginning level students, ages 5-6 and 7-9 and 5-6 Jazz.

### Parent/Student Checklist

Do you have the following information? If not, these handouts can be retrieved from the front desk.

- ◆ 2006-2007 Policy Handbook
- ◆ Media Release form
- ◆ 2006-2007 Calendar
- ◆ Costume price list and due dates



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*If you have any costumes from "Brown Sugar" that belong to other children, please bring them to the studio to be returned to the rightful owners.*

### Dress for Success

Please make sure your children are properly dressed and on time for class. (We suggest arriving at 15 minutes before class starts). Make sure your child's name is in all shoes, skirts, jackets, leotards, bags, etc. Check to make sure your child has all their belongings before you leave the studio. Do not bring any valuables. The studio is not responsible for any items left at the studio.

### Curtain Call for Class

To purchase basic items for all Dance and BodyWorks classes, you may go to [www.curtaincallforclass.com](http://www.curtaincallforclass.com). Select Student log in/Studio ID in the upper left hand corner of the screen. Enter the studio ID and click login to choose a class. Select the class you or your child is in and begin shopping. Our studio ID is dance&bodyworks. Happy shopping!

### Six Flags DanceExpo Performance

We're doing it again! We're putting on our dancing shoes and heading over to Six Flags of America for the 4<sup>th</sup> Annual Fall Dance-Expo on Sunday, October 15, 2006. Dance & BodyWorks' performance groups will showcase our skills in front of a live audience, showing range of talent from lyrical to hip-hop.

After the performance, our group will experience all of the excitement and thrills of Six Flags America, where during Dance-Expo, Six Flags America is transformed into FRIGHT FEST, the largest and scariest Halloween celebration in the region featuring hair-raising attractions for kids of all ages. This will be our 4<sup>th</sup> year participating and every year we have a ball. Please join us and support our dancers. Tickets are only \$20.00 if purchased through Dance & BodyWorks by September 30<sup>th</sup>. For more information and ticket purchases, the front desk staff will be glad to assist you.

### Health Minute

Studies show that aerobic exercise may slow age's impact on brain function, helping maintain whip-smart cognitive ability well into the senior years and preventing dementia-like illness. In other words, Dancing is good for the body and the brain!

**Visit us at:**

[www.danceandbodyworks.org](http://www.danceandbodyworks.org)

**Email us at:**

[dancer@danceandbodyworks.org](mailto:dancer@danceandbodyworks.org)

[sandra.blackman@danceandbodyworks.org](mailto:sandra.blackman@danceandbodyworks.org)

[sonya.smith@danceandbodyworks.org](mailto:sonya.smith@danceandbodyworks.org)

**For Dance attire:**

[www.curtaincallforclass.com](http://www.curtaincallforclass.com)

## September

9 First Day of Dance Class

23 1<sup>st</sup> Recital Costume Payment

## October

14 Bring a Friend Day